



# **2014 REDONDO ALL COMERS MEETS**

## **Redondo Union High School**

### **Saturday, February 8<sup>th</sup>, 2014**

**A CALIFORNIA INDOOR HIGH SCHOOL STATE MEET QUALIFIER!**

**ALL AGES CAN COMPETE \* FAT Finish Lynx Automatic Timing \***  
**COST: \$10.00 UNLIMITED ENTRY FOR ATHLETES, SPECTATORS AND COACHES**

### ***SCHEDULE OF EVENTS***

#### ***MEET STARTS AT 10:00 AM***

#### **Running Events Order**

*(Girls followed by boys)*

**4 X 800 METER RELAY**  
**4 X 100 METER RELAY**  
**1600 METERS**  
**4 X 200 METER RELAY**  
**55 METER HIGH HURDLES**  
**400 METERS**  
**55 METERS**  
**600 METERS**  
**300 METER HURDLES**  
**800 METERS**  
**200 METERS**  
**3200 METERS**  
**4 X 400 METER RELAY**

#### **Field Events**

*(Girls followed by boys unless otherwise stated)*

**LONG JUMP** (10am start-3 jumps-Open Pit-closes at 11:00-Boys  
and girls start at the same time in 2 pits)  
**TRIPLE JUMP** (follows LJ-Boys and girls start at the same time in 2 pits)  
**POLE VAULT** (10am start-start at 6' and raised every 6")  
**HIGH JUMP** (10am start-start at 3'6" and raised every 2")  
**SHOT PUT** (10am start-3 Throws-Open Pit-closes at 12 noon)

**3/16" PYRAMID SPIKES ARE REQUIRED *(on sale at the meet)***

**LOCATION: Redondo Union High School, 1 Sea Hawk Way, Redondo Beach, Calif. 90277**

**CHECK IN: Begins at 9am**

**CONCESSIONS: There will be a full concession stand open all day.**

**PARKING: Free parking is available in the student parking lot (Del Amo & Diamond Street) or on streets around the school. Please pay attention to permit parking signs on some of the surrounding streets.**

**CONTACT: Meet director at [redondotrackinvite@gmail.com](mailto:redondotrackinvite@gmail.com)**

