

# Wave Runners

## 2016 Cross Country Fall Season Schedule

Email: [waverunners10@gmail.com](mailto:waverunners10@gmail.com) ~ website: [www.greater-redondo-youth-running-club.com](http://www.greater-redondo-youth-running-club.com)

**Practices Days:** Mon., Wed., & Thur., - **Time:** 3:15 p.m. - 4:30 p.m. **Location:** Parras MS - 200 S. Lucia RB  
**Please make note on the scheduled days in Red NO PRACTICE, days in Blue are XC MEETS**

### September 2016

09/12 Monday <b>First Practice</b>
09/14 Wednesday - Practice
09/15 Thursday - Practice
09/19 Monday Practice
09/21 Wednesday - Practice
09/22 Thursday - Practice
09/26 Monday - Practice
09/28 Wednesday - Practice
09/29 Thursday - Practice

### October 2016

<b>10/02 Sunday Last Day to Sign Up for MT SAC Race on Friday 10/14</b>
<b>10/02 Sunday Last day to Sign up For MBMS Race on Tuesday 10/11</b>
<b>10/03 Mon. - NO PRACTICE (no school)</b>
10/05 Wednesday - Practice
10/06 Thursday - Practice
10/10 Monday - Practice
10/11 <b>Tuesday</b> - XC Meet WR @ MBMS
<b>10/12 Wed. - NO PRACTICE (no school)</b>
10/13 Thursday - Practice
10/14 <b>Friday</b> - XC Meet WR @ MT SAC
10/17 Monday - Practice
10/19 Wednesday - Practice
10/20 Thursday - Practice
10/24 Monday - Practice
10/26 Wednesday - Practice
10/27 Thursday - Practice
<b>10/31 Mon. - NO PRACTICE (no school)</b>

### November 2016

11/02 <b>Wednesday</b> WR @ PVIS
11/03 Thursday - Practice
11/07 Monday - Practice
11/09 Wednesday - Practice
11/10 - Thursday - Practice
11/14 - Monday - Practice
11/16 - Wednesday - Practice
11/17 - Thursday - Practice
<b>11/21,23,24 - NO PRACTICE Thanksgiving Break</b>
11/28 Monday - Practice
11/30 Wednesday - Practice

### December 2016

12/01 - Thursday - Practice
12/05 - Wednesday - Practice
12/07 - Thursday - Practice End of the Season Party
<b>12/11 - SUNDAY WR Hosting 4th Annual Jingle Bell Run K - 8 @ RUHS</b>

#### MEETS SCHEDULED

10/11 <b>Tues.</b> WR @ MBMS-Polliwog Park
10/14 <b>Fri.</b> WR @ MT SAC XC Invitational
11/02 <b>Wed.</b> WR @ PVIS - PV Course
12/11 <b>Sun.</b> WR Hosts 4th Annual Jingle Bell Run

#### MEET LOCATIONS

MT SAC - 1100 N Grand Ave, Walnut, 91789
MBMS - 501 N Redondo Ave, MB, 90266
PVIS - 1900 PV Dr West, PVE, 90274
Wave Runners - 4th Annual Jingle Bell Run Redondo Union HS 1 Sea Hawk Way RB 90277